



## Test your attention with a short and engaging cognitive test

This sample assessment consists of a 90 second cognitive test that will objectively measure your attention. Once the test is complete, you will see how you've performed relative to the general population. This sample test is a complimentary introduction to an offering from SB Psychiatric Services, geared toward measuring and monitoring how core areas of cognition, that are key to your quality of life, are progressing throughout treatment. Key highlights of this new service include:

Comprehensive cognitive assessment allowing you to objectively evaluate your short-term memory, reasoning, concentration and verbal abilities

## Personalized report

(https://www.cambridgebrainsciences.com/assets/resources/cbs-health-samplereport-1543326182.pdf) comparing your performance in core cognitive areas described above to others your age

1 on 1 consultation to review and discuss your results, including a go-forward action plan geared toward improving the aspects of cognition you care about most

## How Do I Get Started

- 1. Take the cognitive assessment test. It is very simple and easy.
- 2. The assessment information will be sent to you via email and you complete the test in the comfort of your home. Nothing to download or print. You need an iPad or computer, using your phone is not recommended.
- 3. Book an appointment with Bob Kalani M.D. by calling 631-834-7606 or send an email to bkalani@SB psychiatric.com.

Start the test by clicking the Link below.

## START TEST:

( https://health.cambridgebrainsciences.com/en/site/sb psychiatric services demo/ )